## BOOK SIGNING and introductory SPORT PSYCHOLOGY WORKSHOP AT MDTTC

## Friday, June 22nd from 6:30 to 7:40pm

Followed by personalized sport psychology consultation during the MDTTC league



Dora Kurimay was a member of the Hungarian National Table Tennis Team for six years and was six-time National Champion in doubles, singles, and teams. She has a Bachelor's degree in psychology and two Master's degrees, in Psychology and in Sports Psychology. She has a long coaching background, both in table tennis and other sports. She has a 2388 USATT rating.

Get Your Game Face On! Table Tennis. Volume 1. is the publication of the first sport psychology book for table tennis players. Come and learn how to "get your game face on" from an expert!

## Friday, June 22nd

## Schedule:

From 6:30pm to 7:00pm - Book signing

From 7pm to 7:40pm - Introductory Sport Psychology Workshop (workshop and a copy of the book \$20!)

From 7:40pm - Personalized Sport Psychology Consultation during MDTTC Friday League. (Match observation and 10 minutes consultation \$15)

Please contact directly to schedule appointment via email at <a href="mailto:dora@dorakurimay.com">dora@dorakurimay.com</a>