

## ITTF Coaching Seminar



WHAT

Increase your coaching knowledge and become an ITTF Level 1 Certified Coach.

You can find info on the ITTF Coaching Certification process at www.ittf.com.

(Click on Home Page, then go to Development.)

Minimum number of students: 8

WHERE Maryland Table Tennis Center, www.mdttc.com

Maryland
TABLE TENNIS
Center

WHEN

Saturdays & Sundays, August 11-12, 18-19, 25

9:00-12:00 AM, 1:00-4:00 PM; Two sessions per day, 30 hours total.

You may miss the final day on Aug. 25, which covers Paralympics, and still receive

ITTF Level 1 certification but without IPTTC certification.

COACH

Larry Hodges, ITTF Certified Coach, USATT Certified National Coach,

Member of USATT Hall of Fame, former USA Junior Team Coach,

Author of five books on table tennis, Long-time coach at Maryland Table Tennis Center, Former Director for Table Tennis at the Olympic Training Center in Colorado Springs,

Head coach at TableTennisCoaching.com.

FEE

\$225 for ITTF Coaching section (24 hrs), \$70 for Paralympic section (6 hrs).

A \$50 non-refundable deposit is required in advance to reserve your spot.

Make out and send to: Larry Hodges, 13403 Demetrias Way, Germantown, MD 20874

HOTEL

Coaches needing housing should make their own arrangements at the Holiday Inn (one mile away), <a href="www.higaithersburg.com">www.higaithersburg.com</a>, 301-948-8900.

MANUAL

**ITTF-IPTTC** Level 1 Coaching Manual

Order in advance from PaddlePalace.com for \$29.95. This is required.

You will also receive a free copy of the **Professional Table Tennis Coaches Handbook.** 

**MATERIAL** 

Course will include ten 3-hour sessions, including the two 3-hour Paralympic sessions.

COVERED

Schedule is subject to change.

Saturday, August 11

Sessions 1 & 2 Generic Coaching Principles, Coaching Beginners and Schools Coaching

Sunday, August 12

Sessions 3 & 4 Techniques Beyond Basics

Saturday, August 18

Sessions 5 & 6 Techniques Beyond Basics, Introduction to Physical Training and Sport Sciences

Sunday, August 19

Sessions 7 & 8 Tournament Organization and Rules, Tournament Practical

Saturday, August 25 (If at least 6 sign up)

Sessions 9 & 10 Paralympic Table Tennis (wheelchair & standing disabled)

INFO & REGISTRATION Larry Hodges, <u>larry@larrytt.com</u>, 240-994-7144