



# ITTF Coaching Seminar

## WHAT

**Increase your coaching knowledge and become an ITTF Level 1 Certified Coach.**

You can find info on the ITTF Coaching Certification process at [www.ittf.com](http://www.ittf.com).

(Click on Home Page, then go to Development.)

Minimum number of students: 10    Maximum: 16

## WHERE

**Maryland Table Tennis Center**

[www.MarylandTableTennisCenter.com](http://www.MarylandTableTennisCenter.com)



## WHEN

**Saturdays & Sundays, Apr. 16-17, 23-24, 30**

9:00-12:00 AM, 1:00-4:00 PM; Two sessions per day, 30 hours total.

You may miss the final day on Apr. 30, which covers Paralympics, and still receive ITTF Level 1 certification but without IPTTC certification.

## COACH

**Larry Hodges**, ITTF Certified Coach, USATT Certified National Coach, member of USATT Hall of Fame, former USA Junior Team Coach, author of three books on table tennis, long-time coach at Maryland Table Tennis Center, former Director for Table Tennis at the Olympic Training Center in Colorado Springs, Head coach at [TableTennisCoaching.com](http://TableTennisCoaching.com).

## FEE

\$200 for ITTF Coaching section (24 hrs), \$60 for Paralympic section (6 hrs).

A \$50 non-refundable deposit is required in advance to reserve your spot.

Make out and send to: Larry Hodges, 13403 Demetrias Way, Germantown, MD 20874

## HOTEL

Coaches needing housing should make their own arrangements at the Holiday Inn (one mile away), [www.higaithersburg.com](http://www.higaithersburg.com), 301-948-8900.

## MANUAL

**ITTF-IPTTC Level 1 Coaching Manual** - order in advance from PaddlePalace.com.

*This is required.* (Let me know by April 7 and I will order for you at \$30 each.)

You will also receive a free copy of the **Professional Table Tennis Coaches Handbook**.

## MATERIAL COVERED

Course will include ten 3-hour sessions, including the two 3-hour Paralympic sessions. Schedule is subject to change.

### Saturday, April 16

**Sessions 1 & 2**    Generic Coaching Principles, Coaching Beginners and Schools Coaching

### Sunday, April 17

**Sessions 3 & 4**    Techniques Beyond Basics

### Saturday, April 23

**Sessions 5 & 6**    Techniques Beyond Basics, Introduction to Physical Training and Sport Sciences

### Sunday, April 24

**Sessions 7 & 8**    Tournament Organization and Rules, Tournament Practical

### Saturday, April 30

**Sessions 9 & 10**    Paralympic Table Tennis (wheelchair & standing disabled)

## INFO & REGISTRATION

Larry Hodges, [larry@larrytt.com](mailto:larry@larrytt.com), 240-994-7144